

**#BEACTIVE**

**Settimana  
europea  
dello sport**

**Claudia De Stefanis  
Commissione europea -  
Rappresentanza in Italia  
22 settembre 2017**

# HOW *ACTIVE* ARE EUROPEANS?

European Week of Sport

59%



NEVER OR SELDOM  
EXERCISE OR PLAY SPORT

41%



EXERCISE OR PLAY SPORT  
AT LEAST ONCE A WEEK



9%

EXERCISE OR PLAY SPORT  
MORE THAN 5 TIMES A WEEK



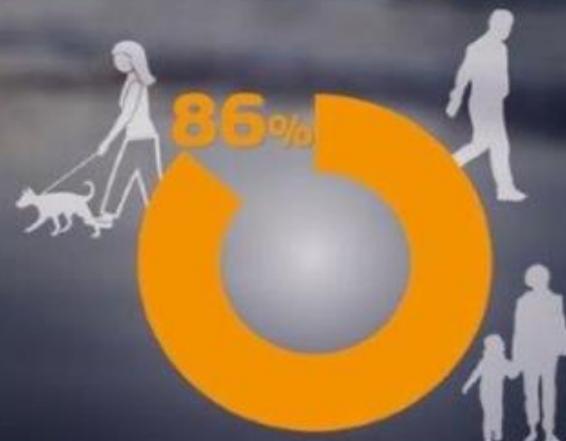
7%

SIT MORE THAN 5.5 HOURS  
PER DAY



37%

WALK >10 MINS AT A TIME  
AT LEAST ONCE A WEEK



86%

# #BEACTIVE



Commissione  
europea



## Settimana europea dello sport 2017

- 32 Paesi
- Oltre 30.000 eventi
- 9 milioni di persone

**#BEACTIVE**



Commissione  
europea